



Lindop School District

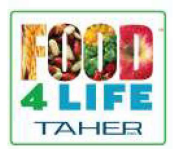
November
2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Breakfast Bowl Choice of Grain Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	2 Blueberry Breakfast Bark Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	3 Mini Bagels or Bagel w/ Cream Cheese Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk
6 Choice of Cereal Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	7 Brekkie Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	8 Mini Waffles Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	9 Choice of Egg Choice of Grain Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	10 NO SCHOOL
13 Choice of Mini Pancakes or Pancakes Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	14 Breakfast Sandwich Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	15 Choice of Muffin Cheese Stick Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	16 Cinnamon Roll Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	17 Choice of Cereal Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk
20 Choice of Cereal	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL
27 Choice of Cereal FILL IN SPECIAL Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	28 Cheesy Ham Melt Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	29 Strawberry Cream Cheese Filled Bagel Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	30 Long John or Mini Donuts Cheese Stick (with Mini Donuts) Choice of Cereal Fun with D&J Crackers Juice Selection Fruit Selection Milk	1

PRICES	EXTRA INFO	<p>Milk(1% & Skim White, Skim Chocolate) available daily Assorted fruits available daily</p>	HARVEST OF THE MONTH		THE MONTH
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November
2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Toasted Italian Cheese Sandwich Tomato Soup Steamed Carrots Broccoli Florets Pineapple Tidbits Fresh Pear Milk Choice	2 Popcorn Chicken Bowl Bread Stick Broccoli Florets Applesauce Fresh Pear Milk Choice	3 Cheese Pizza Roasted Broccoli Red/Orange Bell Pepper Diced Pears Fresh Grapes Milk Choice
	This is for Food 4 Thought			
6 Crispy Chicken Tenders Whole Grain Dinner Roll Steamed Green Beans Red/Orange Bell Pepper Peaches, Diced Fresh Grapes Milk Choice	7 Soft Beef Tacos Red/Orange Bell Pepper Mixed Canned Fruit Fresh Grapes Salsa Milk Choice	8 Orange Chicken Brown Rice Steamed Carrots Red/Orange Bell Pepper Pineapple Tidbits Fresh Grapes Milk Choice	9 Corn Dog Baked Beans Red/Orange Bell Pepper Applesauce Fresh Grapes Milk Choice	10 NO SCHOOL
13 Cheeseburger on a Bun FILL IN SPECIAL Golden French Fries Baby Carrots Peaches, Diced Banana Milk Choice	14 FILL IN SPECIAL Garlic Toast Choice of Nachos or Tacos FILL IN SPECIAL Roasted Broccoli Baby Carrots Mixed Canned Fruit Banana Salsa Milk Choice	15 Chicken Alfredo w/Pasta Whole Grain Dinner Roll Green Beans Cherry Tomato Applesauce Fresh Pear Milk Choice	16 Crispy Chicken Nuggets FILL IN SPECIAL Spiced Pinto Beans Baby Carrots Applesauce Banana Milk Choice	17 Pepperoni Pizza FILL IN SPECIAL FILL IN SPECIAL FILL IN SPECIAL California Blend Vegetable Baby Carrots Diced Pears Banana Milk Choice
20 Chef's Choice	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL
27 Cheese Bosco Stick Steamed Green Beans Cherry Tomato Peaches, Diced Fresh Grapes Milk Choice	28 Beef Hot Dog on a Bun Choice of Nachos or Tacos Roasted Corn Cherry Tomato Mixed Canned Fruit Fresh Grapes Milk Choice	29 Hot Turkey Ham & Cheese Sandwich Cherry Tomato Pineapple Tidbits Fresh Grapes Milk Choice	30 Pasta with Meat Sauce Whole Grain Dinner Roll Roasted Broccoli Cherry Tomato Applesauce Fresh Grapes Milk Choice	1

PRICES

EXTRA INFO

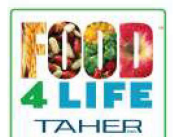
Milk(1% & Skim White, Skim Chocolate)
available daily
Assorted fruits available daily

HARVEST OF



THE MONTH

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